



23/24 Highschool menu
Lunch

Keys Grace Academy Food Service

Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Main Entree Buffalo Chicken Dip with Chips Grain Whole Grain Roll Vegetable Fry Curly Seasoned Carrots Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Taco's Vegetable Black Beans and Corn Salad Fruit Fruit Cup Mixed Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Crispy Chicken Sandwich Vegetable Fry TaterPal Crinkle 1/2 Ovana Green Beans Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheeseburger Vegetable Fry Wedge 8 Cut Seasoned Broccoli Cuts IQF Fruit Oranges Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Beans Baked Vegetarian Carrots Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023
	Main Entree Super Nacho with Hatch Chili Queso Vegetable Fry Wedge 8 Cut Seasoned Corn Frz No Salt MOR RESA Fruit Pears Diced Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Pulled Pork Sandwich Vegetable Broccoli Cuts IQF Potato Tater Tots Fruit Fruit Cup Mixed Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Crispy Chicken Sandwich Vegetable Beans Baked Vegetarian Fry Curly Seasoned Fruit Strawberry Frz Diced Cup MOR R Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree High School Pepperoni Pizza Vegetable Carrots Baby Sweet n Spicy Green Beans Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
Main Entree Chicken Nugget Bowl Grain Whole Grain Roll Vegetable Corn Frz No Salt MOR RESA Fruit Fruit Cup Mixed Bananas Turning #1 Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Breakfast Pizza Vegetable Hashbrown Potato Rounds Carrots Baby Juice 4U Vegetable Dragon Punc Fruit Warmed Cinnamon Applesauce Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheeseburger wedges with whole grain pretzel Vegetable Carrots Corn Frz No Salt MOR RESA Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken & Broccoli Penne Alfredo Grain Whole Grain Roll Vegetable Peas & Carrots Diced IQF Broccoli Cuts IQF Fruit Oranges Applesauce Cinnamon Unswt Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Beans Baked Vegetarian Carrots Fruit Fruit Cup Mixed Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
Main Entree Crispy Chicken Sandwich Vegetable Broccoli Cuts IQF Fry Crinkle Seasoned 1/2 Fruit Apple Slices Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Beef and Cheese Nachos Vegetable Beans Baked Vegetarian Green Beans Fruit Peaches Frz Diced Cup MOR RESA Unsweetened Applesauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken Pasta Bake Vegetable Carrots Cucumbers 24 Ct Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Bacon Cheeseburger Vegetable Fry Curly Seasoned Black Beans and Corn Salad Fruit Strawberry Frz Diced Cup MOR R Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Broccoli Cuts IQF Beans Baked Vegetarian Carrots Baby Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
Main Entree Macaroni & Cheese Red Fat Honey Sriracha Chicken wings Grain Whole Grain Roll Vegetable Green Beans Carrots Corn Frz No Salt MOR RESA Fruit Apple Slices BB Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken Fajitas Vegetable Beans Refried Dehydrated Veget Fruit Applesauce Banana Stbry COMMOD Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Totchos Vegetable Vegetable Corn & Black Bean Fi Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Crispy Chicken Sandwich Vegetable Fry Curly Seasoned Carrots Baby Fruit Apple Slices Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Broccoli Cuts IQF Fruit Peaches Frz Diced Cup MOR RESA Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Main Entree Buffalo Chicken Dip with Chips Grain Whole Grain Roll Vegetable Fry Curly Seasoned Carrots Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Taco's Vegetable Black Beans and Corn Salad Fruit Fruit Cup Mixed Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Crispy Chicken Sandwich Vegetable Fry TaterPal Crinkle 1/2 Ovana Green Beans Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheeseburger Vegetable Fry Wedge 8 Cut Seasoned Broccoli Cuts IQF Fruit Oranges Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Beans Baked Vegetarian Carrots Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Main Entree Chix Wing Bnls Hot n Spicy Grain Whole Grain Roll Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Apple Sauce Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Super Nacho with Hatch Chili Queso Vegetable Fry Wedge 8 Cut Seasoned Corn Frz No Salt MOR RESA Fruit Pears Diced Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Pulled Pork Sandwich Vegetable Broccoli Cuts IQF Potato Tater Tots Fruit Fruit Cup Mixed Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Crispy Chicken Sandwich Vegetable Beans Baked Vegetarian Fry Curly Seasoned Fruit Strawberry Frz Diced Cup MOR R Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree High School Pepperoni Pizza Vegetable Carrots Baby Sweet n Spicy Green Beans Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Main Entree Chicken Nugget Bowl Grain Whole Grain Roll Vegetable Corn Frz No Salt MOR RESA Fruit Fruit Cup Mixed Bananas Turning #1 Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Breakfast Pizza Vegetable Hashbrown Potato Rounds Carrots Baby Juice 4U Vegetable Dragon Punc Fruit Warmed Cinnamon Applesauce Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheeseburger wedges with whole grain pretzel Vegetable Carrots Corn Frz No Salt MOR RESA Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken & Broccoli Penne Alfredo Grain Whole Grain Roll Vegetable Peas & Carrots Diced IQF Broccoli Cuts IQF Fruit Oranges Applesauce Cinnamon Unswt Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Beans Baked Vegetarian Carrots Fruit Fruit Cup Mixed Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
Main Entree Crispy Chicken Sandwich Vegetable Broccoli Cuts IQF Fry Crinkle Seasoned 1/2 Fruit Apple Slices Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Beef and Cheese Nachos Vegetable Beans Baked Vegetarian Green Beans Fruit Peaches Frz Diced Cup MOR RESA Unsweetened Applesauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken Pasta Bake Vegetable Carrots Cucumbers 24 Ct Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Bacon Cheeseburger Vegetable Fry Curly Seasoned Black Beans and Corn Salad Fruit Strawberry Frz Diced Cup MOR R Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Broccoli Cuts IQF Beans Baked Vegetarian Carrots Baby Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
Main Entree Macaroni & Cheese Red Fat Honey Sriracha Chicken wings Grain Whole Grain Roll Vegetable Green Beans Carrots Corn Frz No Salt MOR RESA Fruit Apple Slices BB Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken Fajitas Vegetable Beans Refried Dehydrated Veget Fruit Applesauce Banana Stbry COMMOD Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Totchos Vegetable Vegetable Corn & Black Bean Fi Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Crispy Chicken Sandwich Vegetable Fry Curly Seasoned Carrots Baby Fruit Apple Slices Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Broccoli Cuts IQF Fruit Peaches Frz Diced Cup MOR RESA Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023
Main Entree Buffalo Chicken Dip with Chips Grain Whole Grain Roll Vegetable Fry Curly Seasoned Green Beans Corn Frz No Salt MOR RESA Fruit Oranges Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Taco's Vegetable Black Beans and Corn Salad Fruit Fruit Cup Mixed Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Chicken & Broccoli Penne Alfredo Vegetable Fry TaterPal Crinkle 1/2 Ovana Green Beans Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheeseburger wedges with whole grain pretzel Vegetable Beans Baked Vegetarian Fruit Oranges Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree High School Pepperoni Pizza Vegetable Fry Curly Seasoned Carrots Baby Broccoli Cuts IQF Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023
Main Entree Buffalo Chicken Dip with Chips Grain Whole Grain Roll Vegetable Fry Curly Seasoned Carrots Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Taco's Vegetable Black Beans and Corn Salad Fruit Fruit Cup Mixed Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Crispy Chicken Sandwich Vegetable Fry TaterPal Crinkle 1/2 Ovana Green Beans Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheeseburger Vegetable Fry Wedge 8 Cut Seasoned Broccoli Cuts IQF Fruit Oranges Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Beans Baked Vegetarian Carrots Fruit Fruit Cup Mixed Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023
Main Entree Chix Wing Bnls Hot n Spicy Grain Whole Grain Roll Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Apple Sauce Fruit Cup Mixed Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Super Nacho with Hatch Chili Queso Vegetable Fry Wedge 8 Cut Seasoned Corn Frz No Salt MOR RESA Fruit Pears Diced Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Pulled Pork Sandwich Vegetable Broccoli Cuts IQF Potato Tater Tots Fruit Fruit Cup Mixed Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint		
11/27/2023	11/28/2023	11/29/2023	11/30/2023	12/1/2023
Main Entree Chicken Nugget Bowl Grain Whole Grain Roll Vegetable Corn Frz No Salt MOR RESA Fruit Fruit Cup Mixed Bananas Turning #1 Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Breakfast Pizza Vegetable Hashbrown Potato Rounds Carrots Baby Juice 4U Vegetable Dragon Punc Fruit Warmed Cinnamon Applesauce Juice Grape Aseptic 100% 4.23o Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheeseburger wedges with whole grain pretzel Vegetable Carrots Corn Frz No Salt MOR RESA Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken & Broccoli Penne Alfredo Grain Whole Grain Roll Vegetable Peas & Carrots Diced IQF Broccoli Cuts IQF Fruit Oranges Applesauce Cinnamon Unswt Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree High School Pepperoni Pizza Vegetable Beans Baked Vegetarian Carrots Fruit Fruit Cup Mixed Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
Main Entree Crispy Chicken Sandwich	Main Entree Beef and Cheese Nachos	Main Entree Chicken Pasta Bake	Main Entree Bacon Cheeseburger	Main Entree High School Pepperoni Pizza
Vegetable Broccoli Cuts IQF Fry Crinkle Seasoned 1/2	Vegetable Beans Baked Vegetarian Green Beans	Vegetable Carrots Cucumbers 24 Ct	Vegetable Fry Curly Seasoned Black Beans and Corn Salad	Vegetable Broccoli Cuts IQF Beans Baked Vegetarian Carrots Baby
Fruit Apple Slices Fruit Cup Mixed	Fruit Peaches Frz Diced Cup MOR RESA Unsweetened Applesauce	Fruit Fruit Cup Mixed Juice Grape Aseptic 100% 4.23o	Fruit Strawberry Frz Diced Cup MOR R Peaches Frz Diced Cup MOR RESA	Fruit Fruit Cup Mixed Apple Slices
Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
Main Entree Macaroni & Cheese Red Fat Honey Sriracha Chicken wings	Main Entree Chicken Fajitas	Main Entree Totchos	Main Entree Crispy Chicken Sandwich	Main Entree High School Pepperoni Pizza
Grain Whole Grain Roll	Vegetable Beans Refried Dehydrated Veget	Vegetable Vegetable Corn & Black Bean Fi	Vegetable Fry Curly Seasoned Carrots Baby	Vegetable Broccoli Cuts IQF
Vegetable Green Beans Carrots Corn Frz No Salt MOR RESA	Fruit Applesauce Banana Stbry COMMOD Juice Grape Aseptic 100% 4.23o	Fruit Fruit Cup Mixed Apple Slices	Fruit Apple Slices Fruit Cup Mixed	Fruit Peaches Frz Diced Cup MOR RESA Apple Slices
Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk

FILTERS	
Name(s)	Value(s)
Buildings	(JALEN ROSE)
Date Range	(Start = 8/27/2023, End = 12/16/2023)
Menu Plan	(23/24 Highschool menu)