

## 2023/24 Menu k-8 Lunch

Keys Grace Academy Food Service

Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Crispy Chicken Sandwich  Vegetable Potato Tater Tots Broccoli Cuts IQF  Fruit watermellon  Milk Milk Chocolate F.F 1/2 Pint	Main Entree Taco's Grain Spanish Rice Vegetable Salsa Mild Beans Refried Vegetarian Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Lasagna Rollup Grain WG Roll Vegetable Carrots Broccoli Cuts IQF Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree The Cheeseburger Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Pizza Pepperoni Pizza Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
9/4/2023	9/5/2023 Main Entree	9/6/2023 Main Entree	9/7/2023 Main Entree	9/8/2023 Main Entree
	Totchos Grain Chips Tortilla WG Yellow Round Vegetable Salsa Mild Fruit Apple Slices BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Crispy Chicken Sandwich  Vegetable Potato Tater Tots Broccoli Cuts IQF  Fruit watermellon  Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Sloppy Joe Grain WG Hamburger Buns Vegetable Beans Baked Vegetarian Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Cheese Pizza Pepperoni Pizza  Grain Breadstick Garlic 8in  Vegetable Carrots Green Beans  Fruit Peaches Diced  Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Breaded Chicken Drumstix	Jennie - O Turkey breakfast	Chicken & Broccoli Penne Alfredo	Turkey Frank	Cheese Pizza
Grain	Sausage	Grain	Grain	Pepperoni Pizza
WG Roll	Grain	WG Roll	Bun Hot Dog WG White	Grain
Vegetable	Eggo Whole Grain Waffle	Vegetable	Vegetable	Breadstick Garlic 8in
Mashed Potato	Vegetable	Carrots	Fry Curly Seasoned	Vegetable
Corn Prepared	Hashbrown Potato Rounds	Fruit	Beans Baked Vegetarian	Carrots
Fruit	Fruit	Warmed Cinnamon Applesauce	Fruit	Green Beans
Apple Sauce	Strawberry	Milk	BlueBerries	Fruit
Milk	Milk	Milk Chocolate F.F 1/2 Pint	Milk	Peaches Diced
Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk Condiments Chicken Gravy	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk White 1% 1/2 Pint Strawberry Milk	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
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9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
Main Entree		Main Entree	Main Entree	Main Entree
Chicken Nugget Bowl	Super Nacho with Hatch Chili Queso	Macaroni & Cheese RF	The Cheeseburger	Pepperoni Pizza
Grain	Vegetable	Grain	Vegetable	Cheese Pizza
Whole Grain Roll	Salsa Mild	WG Roll	Fry Waffle Cross Trax Seasoned	Grain
Fruit	Beans Black	Vegetable	Carrots	Breadstick Garlic 8in
Apple Slices	Fruit	Carrots	Fruit	Vegetable
Milk	Strawberry	Broccoli Cuts IQF	Pears Diced	Carrots
Milk Chocolate F.F 1/2 Pint		Fruit	Milk	Green Beans
Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint	Peaches Diced	Milk Chocolate F.F 1/2 Pint	Fruit
Strawberry Milk		Milk	Milk White 1% 1/2 Pint	Peaches Diced
	Strawberry Milk	Milk Chocolate F.F 1/2 Pint	Strawberry Milk	Milk
		Milk White 1% 1/2 Pint Strawberry Milk		Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli Cuts IQF Fruit watermellon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken Fajitas Vegetable Beans Refried Vegetarian Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Meatball Mashed Potato Bowl Grain WG Roll Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Potato and Cheese boat with pretzel Vegetable Carrots Fruit Warmed Cinnamon Applesauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Pepperoni Pizza Cheese Pizza Grain Breadstick Garlic 8in Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Main Entree Honey Sriracha Chicken wings Grain WG Roll Vegetable Fry Wedge 8 Cut Seasoned Broccoli Cuts IQF Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk Condiments Dressing Ranch Cup	Main Entree Jennie - O Turkey breakfast Sausage Grain Whole Gain French Toast Bites Vegetable Hashbrown Potato Rounds Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Syrup Pancake Maple Flavored	Main Entree Macaroni & Cheese RF  Grain WG Roll Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Turkey Frank Grain Bun Hot Dog WG White Vegetable Fry Curly Seasoned Beans Baked Vegetarian Fruit watermellon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza  Vegetable Green Beans Carrots  Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Crispy Chicken Sandwich	Taco's	Cheese Lasagna Rollup	Beef Patty	Cheese Pizza
3	Grain	Grain	Cheese American Sliced 160 Ct	Pepperoni Pizza
Potato Tater Tots	Spanish Rice	Whole Grain Roll	Grain	Vegetable
Broccoli frozen	Vegetable	Vegetable	WG Hamburger Buns	Green Beans
Fruit	Beans Refried Vegetarian	Carrots Frozen	Vegetable	Carrots
watermellon	Fruit	Broccoli Cuts IQF	Carrots Frozen	Fruit
Milk	Peaches Diced	Fruit	Fry Waffle Lattice cut Seasone	Peaches Frz Diced Cup MOR RESA
	Milk	Apple Slices		Milk Milk Chocolate F.F 1/2 Pint
Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint	Milk	Pears Diced Milk	Milk White 1% 1/2 Pint
	Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Will Wille 170 1/2 Fill
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Breaded Chicken Nugget FC	Totchos	Crispy Chicken Sandwich	Sloppy Joe	Breadsticks Cheese WFRF 6in
Cheese American Sliced 160 Ct	Grain	Vegetable	Grain	Cheese Pizza
Grain	Chips Tortilla WG Yellow Round	Potato Tater Tots	WG Hamburger Buns	Pepperoni Pizza
Whole Grain Flatbread	Vegetable	Broccoli Cuts IQF	Vegetable	Vegetable
Vegetable	Salsa Mild	Fruit	Beans Baked Vegetarian	Green Beans Carrots
Corn Prepared	Fruit	watermellon	Carrots	V
Fry Wedge 8 Cut Seasoned	BlueBerries	Milk	Fruit	Fruit
	Milk	Milk Chocolate F.F 1/2 Pint	Pears Diced	Peaches Frz Diced Cup MOR RESA
Apple Slices	Milk Chocolate F.F 1/2 Pint	Milk White 1% 1/2 Pint	Milk	Milk Chocolate F.F 1/2 Pint
Milk	Milk White 1% 1/2 Pint		Milk Chocolate F.F 1/2 Pint	Milk White 1% 1/2 Pint
Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint			Milk White 1% 1/2 Pint	WHILE THE THE



Mon	Tue	Wed	Thu	Fri
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Breaded Chicken Drumstix	Jennie - O Turkey breakfast	Chicken & Broccoli Penne Alfredo	Turkey Frank	Breadsticks Cheese WFRF 6in
Grain	Sausage	Grain	Grain	Cheese Pizza
WG Roll	Grain	WG Roll	Bun Hot Dog WG White	Pepperoni Pizza
Vegetable	Eggo Whole Grain Waffle	Vegetable	Vegetable	Vegetable
Potato Pearls Excel Mashed Corn Prepared	Vegetable Hashbrown Potato Rounds	Carrots Broccoli Cuts IQF	Fry Curly Seasoned Ovenable Beans Baked Vegetarian	Green Beans Carrots
Fruit	Fruit	Fruit	Fruit	Fruit
Apple Slices BB	Strawberry	Oranges	BlueBerries	Peaches Diced
Milk	Milk	Milk	Milk	Milk
Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
Condiments	Condiments			
Chicken Gravy	Syrup Pancake Maple Flavored			
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Chicken Nugget Bowl	Super Nacho with Hatch Chili Queso	Macaroni & Cheese RF	Beef Patty	Breadsticks Cheese WFRF 6in
Grain	Vegetable	Grain	Cheese American Sliced 160 Ct	Cheese Pizza
WG Roll	Beans Black	WG Roll	Grain	Pepperoni Pizza
Fruit	Salsa Mild	Vegetable	WG Hamburger Buns	Vegetable
Apple Slices BB	Fruit	Carrots Frozen	Vegetable	Green Beans
Milk	Apple Sauce	Broccoli Cuts IQF	Fry Waffle Cross Trax Seasoned	Carrots
Milk Chocolate F.F 1/2 Pint	Milk	Fruit	Carrots	Fruit
Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint	Peaches Frz Diced Cup MOR RESA	Fruit	Peaches Frz Diced Cup MOR RESA
	Milk White 1% 1/2 Pint	Milk	Pears Diced	Milk
		Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Crispy Chicken Sandwich	Chicken Fajitas	Meatball Beef .65oz Commodity	WG Pretzel and Cheese	Breadsticks Cheese WFRF 6in
Vegetable	Vegetable	Grain	Vegetable	Cheese Pizza
Broccoli Cuts IQF	Corn Frz No Salt MOR RESA	WG Roll	Fry Wedge 8 Cut Seasoned	Pepperoni Pizza
Potato Tater Tots	Beans Black	Vegetable	Carrots	Vegetable
	Fruit	Potato Pearls Excel Mashed	Fruit	Green Beans
watermellon	Apple Slices	Broccoli frozen	Apple Sauce	Carrots
	Milk	Fruit	Milk	Fruit
Milk Chocolate F.F 1/2 Pint	Milk Chocolate F.F 1/2 Pint	BlueBerries	Milk Chocolate F.F 1/2 Pint	Peaches Diced
Milk White 1% 1/2 Pint	Milk White 1% 1/2 Pint	Milk	Milk White 1% 1/2 Pint	Milk
		Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint		Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
		Condiments		
		Gravy Beef Roasted		
11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Honey Sriracha Chicken wings	Jennie - O Turkey breakfast	Macaroni & Cheese RF	Turkey Frank	Breadsticks Cheese WFRF 6in
Grain	Sausage	Grain	Grain	Cheese Pizza
WG Roll	Grain	WG Roll	Bun Hot Dog WG White	Pepperoni Pizza
Vegetable	Whole Gain French Toast Bites	Vegetable	Vegetable	Vegetable
Fry Curly Seasoned	Vegetable	Carrots	Fry Curly Seasoned	Green Beans
Broccoli Cuts IQF	Hashbrown Potato Rounds	Green Beans	Beans Baked Vegetarian	Carrots
Fruit	Fruit	Fruit	Fruit	Fruit
Peaches Diced	Strawberry	Peaches Diced	watermellon	Peaches Frz Diced Cup MOR RESA
Milk	Milk	Milk	Milk	Milk
Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
Condiments	Condiments			
Dressing Ranch Cup	Syrup Pancake Maple Flavored			

Mon	Tue	Wed	Thu	Fri
11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023
Main Entree	Main Entree	Main Entree		
Crispy Chicken Sandwich	Taco's	Cheese Lasagna Rollup		
Vegetable	Grain	Grain		
Potato Tater Tots	Spanish Rice	Whole Grain Roll		
Broccoli frozen	Vegetable	Vegetable		
Fruit	Beans Refried Vegetarian	Carrots Frozen		
watermellon	Fruit	Broccoli Cuts IQF		
Milk	Peaches Diced	Fruit		
	Milk	Apple Slices		
Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint	Milk		
	Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint		
11/27/2023	11/28/2023	11/29/2023	11/30/2023	12/1/2023
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Breaded Chicken Nugget FC	Totchos	Crispy Chicken Sandwich	Sloppy Joe	Breadsticks Cheese WFRF 6in
Cheese American Sliced 160 Ct	Grain	Vegetable	Grain	Cheese Pizza
Grain	Chips Tortilla WG Yellow Round	Potato Tater Tots	WG Hamburger Buns	Pepperoni Pizza
Whole Grain Flatbread	Vegetable	Broccoli Cuts IQF	Vegetable	Vegetable
Vegetable	Salsa Mild	Fruit	Beans Baked Vegetarian	Green Beans
	Fruit	watermellon	Carrots	Carrots
Fry Wedge 8 Cut Seasoned	BlueBerries	Milk	Fruit	Fruit
	Milk	Milk Chocolate F.F 1/2 Pint	Pears Diced	Peaches Frz Diced Cup MOR RESA
Apple Slices	Milk Chocolate F.F 1/2 Pint	Milk White 1% 1/2 Pint	Milk	Milk
Milk	Milk White 1% 1/2 Pint		Milk Chocolate F.F 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint			Milk White 1% 1/2 Pint	IVIIIK VVIIILE 1% 1/2 PIIIL



Mon	Tue	Wed	Thu	Fri
12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
Main Entree				
Breaded Chicken Drumstix	Jennie - O Turkey breakfast	Chicken & Broccoli Penne Alfredo	Turkey Frank	Breadsticks Cheese WFRF 6in
Grain	Sausage	Grain	Grain	Cheese Pizza
WG Roll	Grain	WG Roll	Bun Hot Dog WG White	Pepperoni Pizza
Vegetable	Eggo Whole Grain Waffle	Vegetable	Vegetable	Vegetable
Potato Pearls Excel Mashed Corn Prepared	Vegetable Hashbrown Potato Rounds	Carrots Broccoli Cuts IQF	Fry Curly Seasoned Ovenable Beans Baked Vegetarian	Green Beans Carrots
Fruit	Fruit	Fruit	Fruit	Fruit
Apple Slices BB	Strawberry	Oranges	BlueBerries	Peaches Diced
Milk	Milk	Milk	Milk	Milk
Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
Condiments	Condiments			
Chicken Gravy	Syrup Pancake Maple Flavored			
12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
Main Entree				
Chicken Nugget Bowl	Super Nacho with Hatch Chili Queso	Macaroni & Cheese RF	Beef Patty	Breadsticks Cheese WFRF 6in
Grain	Vegetable	Grain	Cheese American Sliced 160 Ct	Cheese Pizza
WG Roll	Beans Black	WG Roll	Grain	Pepperoni Pizza
Fruit	Salsa Mild	Vegetable	WG Hamburger Buns	Vegetable
Apple Slices BB	Fruit	Carrots Frozen	Vegetable	Green Beans
Milk	Apple Sauce	Broccoli Cuts IQF	Fry Waffle Cross Trax Seasoned	Carrots
Milk Chocolate F.F 1/2 Pint	Milk	Fruit	Carrots	Fruit
Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint	Peaches Frz Diced Cup MOR RESA	Fruit	Peaches Frz Diced Cup MOR RESA
	Milk White 1% 1/2 Pint	Milk	Pears Diced	Milk
		Milk Chocolate F.F 1/2 Pint	Milk	Milk Chocolate F.F 1/2 Pint
		Milk White 1% 1/2 Pint	Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Milk White 1% 1/2 Pint

FILTERS		
Name(s)	Value(s)	
Buildings	(Barber Elementary)	
Date Range	(Start = 8/27/2023, End = 12/16/2023)	
Menu Plan	(2023/24 Menu k-8)	