



**FOOD  
SERVICE**

## January-July 2021 || Breakfast Menu

week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI • SAT • SUN
<b>1</b>	<ul style="list-style-type: none"> <li>Frosted Flake Cereal</li> <li>Graham Crackers</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Toast Crunch Bar</li> <li>Juice</li> <li>Apple Slices</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Oatmeal Packet</li> <li>Raisins</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Kix Cereal</li> <li>Graham Crackers</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Nut-Free Granola</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Juice</li> <li>Orange</li> <li>Apple</li> <li>Dried Fruit</li> <li>Milk</li> </ul>
<b>2</b>	<ul style="list-style-type: none"> <li>Cheerios</li> <li>Juice</li> <li>Fruit Cup</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Oatmeal Packet</li> <li>Dried Fruit</li> <li>Juice</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chex Rice Cereal</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheerios Bar</li> <li>Juice</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>CocoPuff Cereal</li> <li>Cinnamon Poptart</li> <li>Nutrigrain Bar</li> <li>Apple</li> <li>Orange</li> <li>Juice</li> <li>Milk</li> </ul>
<b>3</b>	<ul style="list-style-type: none"> <li>Chex Rice Cereal</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Poptart</li> <li>Raisins</li> <li>Juice</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Apple Jack Cereal</li> <li>Fruit Cup</li> <li>Juice</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Kix Cereal</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Rice Chex Cereal</li> <li>Granola</li> <li>Cinna Mini Rounds</li> <li>Juice</li> <li>Orange</li> <li>Fruit Cup</li> <li>Milk</li> </ul>
<b>4</b>	<ul style="list-style-type: none"> <li>Cheerios</li> <li>Juice</li> <li>Fruit Cup</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cereal Pouch</li> <li>Juice</li> <li>Mandarin Orange</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Frosted Flake Cereal</li> <li>Graham Crackers</li> <li>Juice</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Chex Cereal</li> <li>Raisins</li> <li>Juice</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Oatmeal Granola Bar</li> <li>Poptart</li> <li>Nutrigrain Bar</li> <li>Applesauce</li> <li>Juice</li> <li>Apple</li> <li>Milk</li> </ul>

- WEEK 1 MEAL PLAN
- WEEK 2 MEAL PLAN
- WEEK 3 MEAL PLAN
- WEEK 4 MEAL PLAN

**JANUARY 2021**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**FEBRUARY 2021**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

**MARCH 2021**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**APRIL 2021**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**MAY 2021**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**JUNE 2021**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**JULY 2021**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

This menu follows a repeating 4 week cycle.



Menu may change frequency as dictated by school closures.